



Reaching Out To Strengthen Family Life

# Muskegon Services

### Our History

Family Outreach Center was formed in 1979 as a solution to community leaders concerns about the deterioration of family life in the 'urban core' of Grand Rapids.

### Our Mission

*'Leading the way in promoting healthy family living by reaching out to underserved populations and those who are low-income in our community.'*

### Our Services

We have quality outpatient mental health, substance use disorders, education, prevention and support services for children, youth and families. We provide the support individuals and families need to be successful through all phases of life.

### Our Staff

Family Outreach Center is committed to maintaining a culturally diverse and experienced staff.

Recovery Management is a community based program to help people manage chronic disease of addiction and/or co-occurring substance use and mental health disorders. When traditional substance use treatment programs have been unable to achieve desired outcomes, Recovery Management is an innovative option.

Through a therapeutic alliance with a master's level social worker, case manager and a recovery coach every person is offered individualized treatment and support in his or her own environment.

### The Recovery Management Team provides:

- Assessment
- Treatment Plan Development
- Clinical Care referral/coordination
- Individual Therapy and Counseling
- Referrals to additional services and programs best suited to meet specific needs
- Support and Advocacy Services

### Recovery Management also includes:

- **Case Management Services** designed to evaluate the basic needs and find the best way to address them.
- **Recovery Coach Services** provided by individuals with lived experience to provide support throughout recovery.

### Eligibility:

- Muskegon County resident with a substance use disorder
- History of treatment episodes
- Use the negatively impacts other areas of their life
- Continued struggles with relapse and recovery
- Co-occurring mental or medical health diagnosis or another factor that significantly complicates the recovery process.

*Individuals must be willing to participate in the program and benefit from a case management level of care*

*Individuals or case managers may contact the agency directly to complete a referral.*

**For more information please contact the Grand Rapids office:**

**PHONE: (616) 247-3815 FAX: (616) 245-0450 email: info@focgr.org**

**TTY: (800) 649-3777**

### Contact Us:

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### Connect With Us:

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