Family OUTREACH Center ANNUAL REPORT 2020 The year of change, telehealth and covid



A NOTE FROM DR.V

Dear Friends and Supporters,

The Year 2020 was nothing short of amazing Who ever thought we would experience a nationwide Pandemic in our life time. Despite all of the uncertainty, fear, loss, and change that occurred, I am happy to say that we made it! You already know the type of adjustments that had to be made to ensure that we were able to fulfill our mission and commitment to the community.

Major shifts in the way we deliver services occurred in record time. We definitely operated with a dual focus – firstly to do whatever was necessary to take care of our incredible staff and secondly position ourselves to continue delivering services to some of the most vulnerable children, youth, adults and families in our City and County. Telehealth became the primary modality used to serve our community out of necessity.Today we view telehealth as an important service option that we should offer in our effort to serve people with mobility issues, limited transportation options, and definitely something to be considered during our time of inclement weather.

Even though we made it through 2020, we certainly could not have accomplished this without the help and financial support of our friends, funders, and supporters who recognized the exacerbated mental health needs of our community. The financial support we received during this critical time helped to sustain our organization and fill in "the gaps." For this, we say "Thank You!" It's a privilege to be a part of such a supportive community!

Yes, we made it through 2020.....and we are hopeful that this next year will bring about even more stability in our community and increased levels of service.

We still need you to partner with us as part of our commitment to remain focused and mission driven. Your interest, well wishes and financial support is what we need to continue to make it through and to go forward.

Thank you in advance for all you do and for your continued support

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OUR BOARD

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OUR MISSION

"leading the way in promoting healthy family living by reaching out to underserved populations and those who are low income in our community"

OUR MANAGEMENT TEAM

"The strength of the team is each individual member. The strength of each member is the team." **Dr. Veneese V. Chandler** Executive Director & CEO

Carla Waite Director of Clinical Services, LMSW

> **Jeanne Marek** Director of Finance, BSBA

Michele Seasly Outpatient Services Program Manager, LMSW, CAADC, CCS

> **Jon McKay** Jail Program Manager, LMSW

Jonathan Stevens Adult Case Management Clinical Supervisor, LMSW, Mdiv

Rebecca Stevens Children's In-Home Program Manager, LMSW

Taj Burgen CHILL Program Coordinator, LLMSW

> Kimberly Heger Office Manager

Jan Alkema Human Resources/IT Manager

Rina Amsbaugh ECR System Administrator

OUR VALUES

Quality Outcome Based Services

Commitment to Diversity

Integrity

Respect for People

Best Practices

OUR PROGRAMS

Outpatient Services- Mental Health and Substance Use Disorder Counseling for Children, Youth, Adults and Families

Community Based Services- Coordination and linking to services and resources in our community; including psychiatric services and Faith based counseling services.

Jail Mental Health - Screening, assessments, and crisis intervention for Inmates at the Kent and Muskegon County Sheriff's Departments.

Family Engagement Therapy - Community Based Substance Use Disorder Case Management and Treatment Service for Women and Men with dependent children.

Recovery Management - Community Based Substance Use Disorder Treatment, Case Management and Recovery Coach Services in Kent and Muskegon Counties

Muskegon Services-In partnership with HealthWest we offer Recovery Management, Outpatient and Jail Substance Use Services.

Seeking Safety for African American Males - Assessment, Treatment, and Group Education for African American Males 14-24 Who Have Experienced Trauma as a Result of Being Exposed To Violent Activity

Children's In Home Services - Counseling, case management and Trauma Focused Cognitive Behavioral Treatment (TFCBT) services for families with a child or adolescent who has a serious emotional disturbance (SED) diagnosis.

KSSN and School Based Outreach - Neighborhood and in-school services to promote positive academic and social-emotional outcomes for children, youth and families, including in school individual and family counseling, Youth Screen and Other specialty services

Project CHILL (Children Receiving Help in Living and Learning) - An After School and Summer Enrichment Program for Children living with a guardian and/or parent with a mental health disorder and in treatment

Prevention and Education Services - Community and School Based Group Substance Abuse Prevention Interventions for Children, Adolescents and Adults

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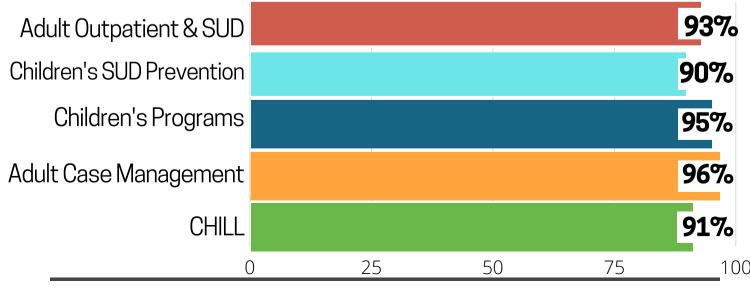
This was truly a year of change and challenge! The core of what we do almost seemed an impossible task. Our staff continued to serve and meet the mental health needs of our community! Together we were able to find the balance between service and safety!



We adapted quickly to meet the needs of those we serve!

- Reduced face to face contact with clients in office and in community settings
- Completed Agency Covid Action Plan
- 20 service programs- went virtual!
- 100+ Staff equipped and positioned for remote work!
- Support Staff continued to coordinate and support ALL programs...changed schedules, and completed all essential work functions in office and remote
- Our billing and finance teams teams adjusted to all new rules and aligned our electronic client record to ensure that we could bill and deliver telehealth services!
- Office spaces were rearranged for social distancing and capacity limits were posted
- Staff were provided with ALL protective equipment including masks, hand sanitizer, disinfectant sprays!

CLIENT SATISFACTION SURVEYS



OUR SERVICES

OUTPATIENT SERVICES 584 Clients 4,752 Visits 4,180 Staff Hours



RECOVERY MANAGEMENT 34 Clients 840 Visits 816 Staff Hours

FAMILY ENGAGEMENT THERAPY 73 Clients 1,606 Visits 1,281 Staff Hours



OUR SERVICES

SEEKING SAFETY 160 Clients **1,452** Visits 1,783 Staff Hours



MUSKEGON SERVICES

Jail Services 201 Clients **388** Visits

Recovery Management 75 Clients **2,277** Visits **392** Staff Hours **2,289** Staff Hours

DOCTOR SERVICES **244** Clients **991** Visits 534 Staff Hours



OUR SERVICES by the numbers

KSSN AND SCHOOL BASED SERVICES 588 Clients 8,749 Visits 6,901 Staff Hours

CHILDREN'S IN-HOME SERVICES 274 Clients 5,854 Visits 4,996 Staff Hours

PROJECT CHILL 12 Clients 116 Visits 186 Staff Hours MENTAL

JAIL MENTAL HEALTH

OUR SERVICES

MI Rep 29 Clients 246 Visits 189 Staff Hours

Case Management24 Clients24 Visits24 Staff Hours

39,802 Case Notes 11,847 Referrals



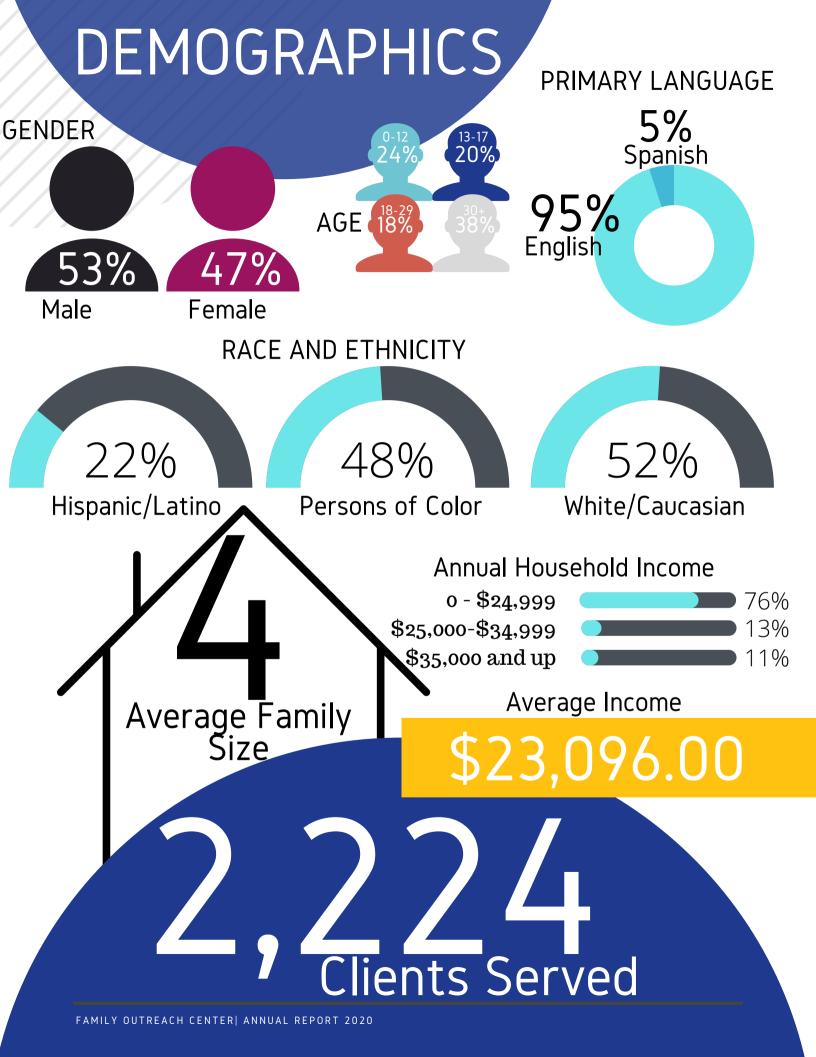
Lail Staff responded to: 222,5664 Suicidal Watch Alerts 14,217 seen weekly 6,907 seen 2 times a week 1,440 seen 2 times a day

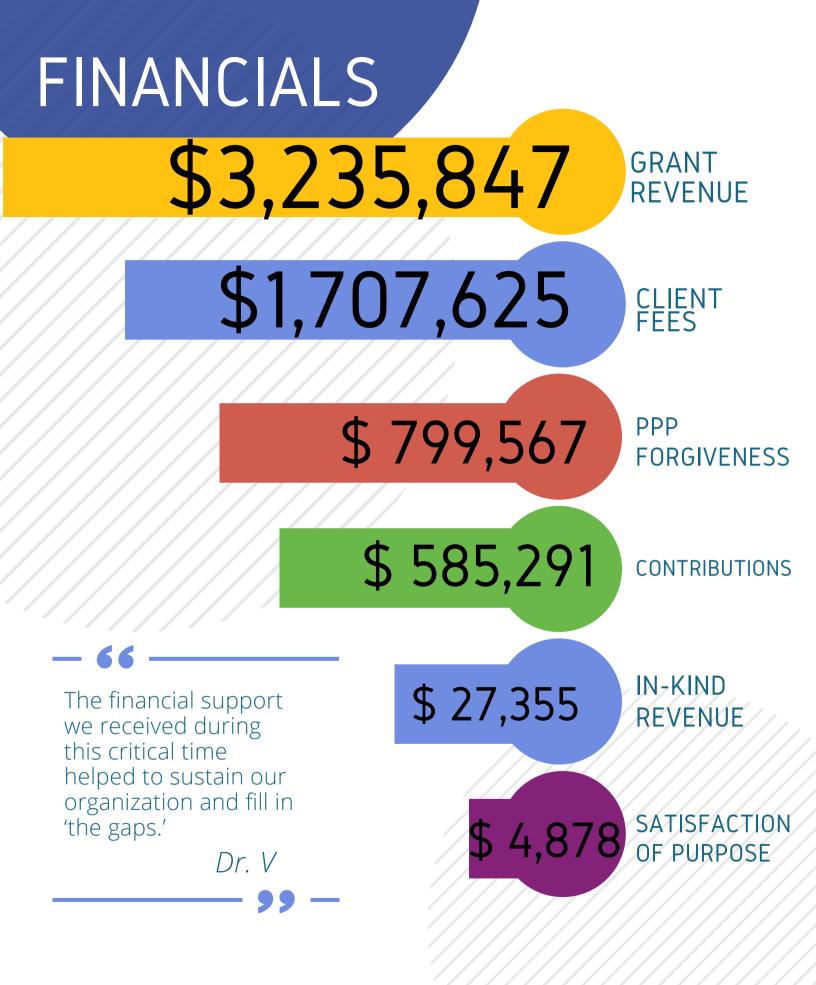
12019 Individuals Booked
4459 Individuals Assessed
573 Clients Identified
173 SMI referrals to MI Pod
290 SMI currently in services
26 DD clients identified
5473 Inmates on Psychiatric Meds

PREVENTION AND EDUCATION SERVICES

14 Substance Use Prevention Groups17 Information Dissemination Events2 Gambling Prevention Groups







CONNECT WITH US





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 Main Office
 Southwest Office

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