



Family OUTREACH Center INC.

2010 Annual Report

August 1, 1979 Family Outreach Center was formed as a result of the initiative of a cross section of community leaders concerned about the deterioration of family life within the “inner-city” of Grand Rapids. And assisting the leadership within the community, the agency has committed to employing and maintaining a culturally diverse and experienced staff. The services provided are person and family-centered to encourage active involvement in the treatment process. Help is also available for individuals with certain co-occurring concerns.

We have extended a community commitment through a diverse and strong leadership staff and Board of Directors that exemplifies the mission statement of “leading the way” that include:

Staff

Dr. Veneese V. Chandler, Executive Director & CEO
 Richard E. Gehl, Director of Clinical Services
 Maureen C. Wood, CPA, Director of Finance
 Kahana Harrison, Program Manager Family Case Management
 Sara Paxton, Education and Training Coordinator

Board of Directors

Mr. Robert Poppe, President (Steelcase, Inc.)
 Dr. LeAnne Silvey, Vice President (Michigan State University)
 Mrs. Aracelis D. Franchi, Treasurer (Retired)
 Mrs. Willa Hill, Secretary (Retired)
 Mr. Bobby Branch (Lacks Enterprises, Inc.)
 Mr. Dan DeVos (DP Fox)
 Mrs. Rosa Fraga (Holy Name of Jesus Catholic School)
 Mr. James Kilbourne (Burton Heights Body Shop)
 Mr. Mike Maier (Rockford Construction)
 Mrs. Audrey Mayfield (Retired)
 Attorney Timothy Ryan (Kotz, Sangster, Wysocki & Berg, P.C.)
 Mr. Doug Singer (Retired)
 Mrs. Ella Sims (Retired)



COMMUNITY IMPACT

2010 CLIENTS SERVED

GENDER		RACE/ETHNICITY	
Female	935	African American	597
Male	949	American Indian	13
Not Reported	-	Asian	5
TOTAL	1,884	Latino (Hispanic)	332
		Multicultural	118
		Caucasian	752
		Not Reported	67
		TOTAL	1,884

AGE GROUP		INCOME	
0-11	337	Less than \$5,000	943
12-17	342	\$5,000 - \$9,999	314
18-25	272	\$10,000 - \$14,999	242
26-49	785	\$15,000 - \$24,999	236
50+	148	\$25,000 - \$34,999	84
Not Reported	-	\$35,000 - \$49,999	44
TOTAL	1,884	\$50,000 - \$74,999	16
		\$75,000 or more	5
		Not Reported	-
		TOTAL	1,884

JAIL MENTAL HEALTH SERVICES	
Individual Assessments Provided	24,720
Case Notes Entered	30,166
Notifications-Referrals to Mental Health Services	10,611
TOTAL	65,497

PROGRAM SERVICES

Family Case Management

Intensive in-home therapy, in both English and Spanish, is offered to children ages 0-17 with severe emotional and behavioral problems. The child identified along with the immediate family are provided with counseling and a variety of support and extended services in order to reduce the symptoms and stabilize their living environment.

Family Engagement Therapy (FET)

The FET program represents an expansion of the substance abuse services available in Kent County. Comprehensive family-focused substance abuse services are offered in English and Spanish which include: assessments, individual and family treatment planning, individual family counseling and collateral care coordination. Services are provided to female-headed households and are available to all members of the family and/or household residents.

Foster Care Program

The Foster Care program provide temporary placement for children who have been removed from their parents or guardians due to abuse and neglect. Safe and nurturing homes are provided for children while the parents work on goals for reunification.

Jail Mental Health and Diversion Services

Screening, assessment, and crisis intervention services are provided 24 hours a day to the inmates at the Kent County Jail. A variety of support services are offered to inmates returning to the community to support them in the re-entry process.

Outpatient Mental Health & Substance Abuse

Outpatient counseling and group services are provided to address the mental health, substance abuse treatment, relapse prevention and anger management needs of children, youth, adults and families. **Services are available in English and Spanish.** Group services offered include, but are not limited to: **Discovery . Recovery . Relapse & Prevention . Seeking Safety . Estoy Bien . Wellness . La Buena Vida**

<http://www.focgr.org/donations.php>



mission statement

leading the way in promoting healthy family living by reaching out to underserved populations and those who are low-income in our community

www.focgr.org

FUND DEVELOPMENT



2010 Fiscal Year Revenue \$3,435,153

2010 Fiscal Year Expenses

Outpatient Mental Health	381,380
Children's Integrated Services (C.H.I.L.L.)	112,457
Substance Abuse Treatment	232,455
Kent County Jail Programs	704,889
Family Engagement Therapy/HFET	217,911
School Based Program	292,106
Foster Care	264,509
Family Case Management	686,463
Prevention Classes	33,059
DHS Effective Black Parenting	15,453
Taraji Community Outreach	54,138
Management/General & Fundraising	432,569
TOTAL	\$3,427,389

Your gift to Family Outreach Center, Inc. helps us to continue to

"Strengthen Families and Change Lives." "Thank you" in advance for

your continued support. Perspective donors have many options for

supporting the work of Family Outreach Center, Inc. which include:

*Bequests . Cash . Endowments . Insurance . Payroll
Deductions in the Workplace . Real Estate . Stocks &
Bonds . Fund Raising Activities.*

*Juvenile Court Parent Workshops**: is a four week, two hour series of classes which teaches choices and consequence parenting techniques.



Los Niños Bien Educados Parenting

*(Healthy Families with Children Well-Behaved)**: is a ten week, two hour series of classes which teaches parents and others how to raise healthy well-behaved children.

Recovery Management

The Recovery Management program represents an extension of the [substance abuse services](#) that are available in Kent County and is designed to provide extra support for individuals attempting to successfully manage their addictions.



Taraji Community Outreach

Taraji ([Faith and Hope](#)) Community Outreach is designed to bridge the gap that often exists between the mental health system and the church community. Services are available that incorporate the principles of faith and traditional counseling methods.

Prevention & Education Classes

Family Outreach Center offers a variety of classes to [assist individuals](#) and [families](#) with parenting and life skills. (*Referrals accepted from the Michigan Department of Human Services.)

Anger Management: is an eight to ten week, one and a half hour series of classes that teaches participants to recognize and appropriately express their anger.

*Confident Parenting**: is a ten week, two hour series of classes that teaches parents techniques related to rule and limit setting, mild social disapproval, praise, time-out and special incentive programs.

*Effective Black Parenting**: is a ten week, two hour series of classes which teaches parents and others how to raise African American children to become healthy, proud, and capable people.

Michigan Prison Re-Entry Initiative - Mentoring 4 Success Program

The Michigan Prison Re-Entry Initiative is designed to provide [mentoring services](#) for people returning to the community following incarceration.

Kent School Services Network (KSSN)

Offers neighborhood-based and in-school services [designed to promote positive](#) academic and social-emotional outcomes for children, youth and families.

Project C.H.I.L.L. (Children receiving Help In Living and Learning)



Project C.H.I.L.L. is a prevention program for children whose parents are receiving mental health services through Family Outreach Center or another Network 180 behavioral health program. The program addresses the [developmental and emotional needs](#) of children of mentally ill parents/caregivers through a variety of group and family activities.

School Based Outreach

School Based Outreach is a [collaborative](#) effort between Network 180, Family Outreach Center and local area schools to provide mental health services to children, youth, and families. Outpatient counseling and referral services are offered [on-site](#) at several elementary, middle, and high schools in Kent County.

Locations:

1939 S. Division Grand Rapids, MI 49507 Tele: (616) 247-3815 Fax: (616) 245-0450	1945 S. Kalamazoo Grand Rapids, MI 49507 Tele: (616) 988-1479 Fax: (616) 988-1493
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TTY (800) 649-3777



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network 180

